

Responding to a Student Who is Thinking of Suicide

Ambivalence; Hopeless; Despair;
Burdensome; Anger; Alone;
Abandoned: Racing Thoughts.

**STUDENT IS HAVING
SUICIDAL THOUGHTS**

1. Show you care

LISTEN • BE CALM • PARAPHRASE

2. Ask about suicide

BE DIRECT
USE OPEN-ENDED QUESTIONS

3. Assure there is help & hope

CONNECT TO HELP
FOLLOW UP

1.800.273.8255
NATIONAL SUICIDE PREVENTION LIFELINE

